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<https://www.wings.sg/what-we-do/nsa/#dementiacare>



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# Dementia Care



## COURSE SUMMARY

Course Title:	Dementia Care
Language:	English
Date and Time:	18, 25 February, 4, 11 March 2019 Mondays, 1:30PM – 5:30PM
Duration of Course:	16 Hours over 4 Sessions
Trainer:	Nurses from Tetsuyu Home Care
Venue:	Society for WINGS
Course Fee/Pax (excl. GST):	Full Fees: \$500 After NSA Subsidy: \$100 Skills Future Credits eligible
Note: NSA subsidy – Applicable to Singaporean & PR aged 50 years and above.	

## COURSE OBJECTIVES

Dementia is a life-long and complex disease that requires special attention and care to improve your loved ones' quality of life.

In this course, qualified nurses will equip participants with insights into Dementia, strategies to cope with daily care, manage challenging behaviors and how to detect and manage caregiver stress. They will also learn how adopting the right mindset and communication skills can pave the path for better patient and caregiver outcomes.

## WHO SHOULD ATTEND?

- ◆ Persons interested to learn more about Dementia and/or
- ◆ Caregivers of elderly loved ones

## TRAINING OUTLINE

- ◆ Lectures
- ◆ Facilitated Discussions using Case Studies
- ◆ Videos and Activities

### Lesson 1: Overview of Dementia

- Insights into Dementia
- Person-centered Care

### Lesson 2: Caring for Persons with Dementia

- Preventive Strategies
- Communication with Persons with Dementia
- Safety at Home and in the Community

### Lesson 3: Managing Challenging Behavior

- Behavioral Management Techniques
- Behavioral Triggers
- Behavioral Action Plans for Challenging Behaviors

### Lesson 4: Caring for Caregivers

- Care for Caregivers
- Making Decisions
- End of Life Care

